

# Increasing plants and improving soil health

*Colin Seis*

## Winona

Myself and son, Nick

- Granite soil, Ph 5.5-6.0

2000 acres (840 Ha)

- 600 mm annual Rainfall

Gulgong Central Tablelands NSW Australia



## Winona Enterprises 2014

**Cattle trading**



**500 acres of Crops**  
Wheat, oats, cereal rye.



**Working Kelpie Dogs**



**4000 Merino Sheep (wool & meat.)**





**Merino ram sales**



**Native Grass Seed**



## Since the late 1940s to 1978 Winona was a high input property.

- Mainly Sub Clover and annual Rye grass. 
- Annually fertilised with superphosphate @ 125kg / Ha 
- 300 acres of wheat and oats (ploughed & cultivated) 



## High input, Industrialized Agriculture started to crash on “Winona” during the 1970s

- Soil lost structure
- Soil became acid
- Rainfall no longer infiltrated
- Salinity problems
- Trees dying
- Fertilizer costs became too high
- Cost of sowing pasture became too high.
- We were going broke



## Major bushfire destroyed Winona 1979

Winona Homestead: Dec 1979



Winona Shearing Shed: Dec 1979

- 3000 sheep killed
- All buildings destroyed
- 50 k of fencing burned
- No money

Because of the fire I had no money and few livestock

- I decided to grow more crops.
- **Ploughing, scarifying and 3 workings created:**
- Poor structured soil.
- Soil Erosion
- Acid soil.
- Declining Soil Carbon.
- Crop disease.

**Like my fathers era, this method eventually failed**

## **In 1985 I started to zero till crops.**

- Weed control with Roundup in November.
- 3 - 4 more herbicide applications pre sowing.
- Herbicide applications in- crop
- 60 kg/ha DAP at sowing.
- Crop yields good at first.
- **I had replaced the plough with the boom spray**

Things started to go wrong,

**Declining yields, crop disease, insect attack.**

## How did I fix the problems?

The agronomic advice in 1990 was:

- Increase fertiliser rates to over 100 kg/ha of DAP
- Add Urea in crop.
- Use fungicides
- Insecticides.
- Better weed control with more herbicides.



## I did not accept the advice.

- It did not add up financially.
- The increased amount of N required at sowing required split application and seeder modifications.
- I thought there was something seriously wrong if fertiliser had to be increased to a point where it became toxic to the plant.
- **How did I solve these problems??**





## How did I change

- Looked for low input agriculture methods.(1980s)
- Stopped using pasture fertilizer and pesticides (1980)
- Focused on 100% ground cover. (*crops and pasture*)
- Started 'time control grazing' in 1990
- Developed 'Pasture Cropping' in 1993
- Combined 'Pasture Cropping' and 'time control grazing' (*Holistic planned grazing*) in 1995
- **Focused on restoring Winona to grassland.**





## Grazing

- Grazing has been changed from 10 -12 mobs of 300 to 2 main mobs.
- (*Adult ewes 2500*)  
(*Hoggets 1300*)

Rotated round 70 paddocks of about 30 acres each.



Grazing on Winona 1938



Grazing on Winona 2012

**Around 300 acres of crops are sown using 'Pasture Cropping'**

*Most of this is harvested for grain.*



Up to a ton of native grass seed is harvested annually.



Seed is sold for re-vegetation, and in the future, sold for human consumption

**Animals and Crops are combined and managed in a way where each one benefits the other.**





We started with only 9 perennial grass species.

The property is now 80% native perennial grass species with over 60 species

**With the use of ‘Pasture Cropping’ and grazing management ‘Winona’ has been restored to grassland**

- Soil carbon levels have increased
- Soil water holding capacity has increased
- Soil nutrients have increased

**On Winona no insecticide has been used for over 20 years.**

**We have no insect attack in crops and pasture.**

**How??**



## Insects

1. On Winona there is now 600% more insects and 125% more insect diversity.
2. Insect attack of crops and pastures can be controlled by having **more insects**.
2. Insecticides are not selective, they also kill predators like spiders and wasps that will control insects naturally.
3. Insecticides will ultimately lead to more insects and more insecticides.



# Insects

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On Winona no perennial grass pasture has been re-sown for 30 years.

•How?

**‘Pasture Cropping’ has been shown to improve existing pastures and restore grasslands**

**‘Pasture Cropping’ does this by stimulating perennial grass recruitment from seed in the soil.**

**No fungicide used on ‘Winona’ for over 20 years**

**No crop or pasture disease**



**How??**

## Soil microbe tests on Winona have shown

Total fungi increase	862%
Total bacteria increase	350%
Total protozoa increase	640%
Total nematode increase	over 1000%

Having healthy soil with large numbers and large diversity of soil microbes will control plant disease

**Crop Fertilizer reduced by 70%**

**No fertiliser used on pasture for over 30 years**



**How??**



**It is plants and the photosynthetic process that builds soil**

**The difference in land management techniques**

*Adjoining Paddocks March 2010*



**Pasture Cropped and  
Time Control Grazed**



**Conventional grazing  
and cropping**



Winona Soil

Neighbor soil

- Winona's soil now has 204% more organic carbon.
- Has sequestered 46.7 t /Ha of carbon (*172 ton/Ha of CO<sub>2</sub>.*)
- Holds almost 200% more water. (360,000 lt /Ha)

All of the soil nutrients including trace elements have increased by an average of 172%



90.1 t carbon/Ha

43.4 t carbon/Ha

- Winona's soil now has 204% more organic carbon.  
78% of the carbon is in stable humic form & 22% labile C
- Has sequestered 46.7 t /Ha (20t/ac) of carbon  
*172 ton/Ha of CO<sub>2</sub> or 71ton /ac*
- Holds almost 200% more water.

All of the soil nutrients including trace elements have increased by an average of 162%

*Eg. Calcium increase of 8166 kg/ha or 277%*

- Ph has changed from 5.2 - 6.01



## Soil Nutrients

	<i>Avail</i>	<i>Total</i>
Ca	234%	270%
Mg	110%	152%
Zn	250%	195%
Cu	185%	215%
B	150%	161%
Si	116%	113%
N	103%	151%
P	102%	155%
K	198%	150%
S	92%	159%
Fe	87%	130%
Na	45%	88%
Al	28%	140%

### Research by Tim Wiley (Western Australia Dep. Agriculture) Showed increased levels of plant available nutrients directly beneath the crowns of perennial plants

	Bare soil	Beneath plant	Difference
• Organic carbon (%)	0.24	1.04	433% increase
• Phosphorus (Colwell ppm)	21	71	338% increase
• Potassium (Colwell ppm)	44	150	341% increase
• Sulphur (ppm)	2.7	7.9	293% increase
• Nitrate N (ppm)	4	2	50% decrease
• Ammonium N	2	3	50% increase
• pH (CaCl)	5.8	7.1	1.3 unit increase
• pH (water)	6.4	7.8	1.4 unit increase

## Soil Carbon and soil water storage

- An increase in soil organic carbon level of 1% to a depth of 30 cm (1 ft) can increase the water holding capacity of soil by an extra 168,000 liters/Ha. **On every rainfall event.**

### The Two previous paddocks:

- Winona (Pasture Cropped)  
360,000 lt/Ha
- Adjoining (conventional)  
188,000 lt/Ha
- Difference 172,000 lt/Ha of extra water holding capacity on every rainfall event



360,000 lt/Ha

188,000 lt/Ha

## Soil Carbon data November 2011 SCaRP program from CSIRO and NSW DPI

- Fence line comparison
- 100 soil tests to 60 cm (2ft)
- Showed an increase in soil carbon of 160%
- These results are similar to previous data collected at Winona by Sydney Uni. and Dr Christine Jones





## Sydney University research results

Ecological study, Winona 2010 (*Dr. Peter Ampt*)

*Fence line comparisons of "pasture cropping" & time control grazing compared to continuous grazing and conventional cropping*

- Increase perennial grass by 71% (82% compared to 11%)
- Almost double soil organic carbon
- Almost double nitrogen
- Double soil microbial number
- Better water infiltration
- Better nutrient cycling
- Double sheep numbers.



## Is it productive?





## Since changing management wool quality is now:

- |   |   |
|---|---|
| <ul style="list-style-type: none"> <li>• <b>1990</b></li> <li>• Micron 18.5</li> <li>• VM 2%</li> <li>• Tensile strength 30 n/kt</li> </ul> | <ul style="list-style-type: none"> <li>• <b>2014</b></li> <li>• Micron 18.5</li> <li>• VM &lt; 1%</li> <li>• Tensile strength &gt; 45 n/kt</li> </ul> |
|---|---|



## Since changing the management

- Lambing % is higher.
- Less drench
- Do not fertilise pasture (no fertiliser for 35 years)
- Do not drought feed.
- Less work.



## During the last 10 dry years

- Reduced sheep numbers by 25% (sold wethers)
- Have not drought fed sheep.
- Lightly supplemented weaners.
- **Pastures have continued to improve.**



**Is it profitable?**



## Winona annual costs *(2011 costs)*

### From 1960- 1979

- Cropping expenses \$40,000
- 2000ac: Pasture fertilizer \$51,000
- Sheep Vet costs \$12000
- Pasture establishment: 200Ha@ \$30Ha \$5000
- **Annual cost \$107,000**

### From 1980-2010

- Cropping expenses \$20,000
- 800 Ha No pasture fertiliser \$0
- Sheep Vet costs \$7000
- Pasture establishment \$0
- Annual Cost \$27,000**

**Annual saving over \$80,000 annually**

## By changing agricultural practices I have:

- Saved over \$50,000 on pasture fertiliser *(do not fertilize pasture)*
- Saved \$20,000 on cropping costs. *( Fertiliser reduced by 70%)*
- Do not re-establish pastures
- Have perennial pastures with over 60 species.
- Do not have insect attack or crop disease.
- Winona is regenerative and resilient.
- Winona functions in an ecologically sound way
- **We are profitable**



## Compared to previous high input agriculture

- Annual income is higher
- Winona is running more livestock.
- Crop yields are similar.
- Wool quality is better.
- Do not drought feed livestock
- Harvest and sell over 1000 Kg (1 Ton) of native grass seed
- Soil organic carbon levels are increasing
- Soil Phosphorus, calcium, ph, magnesium and trace elements are increasing



*With over \$80,000 less inputs and less labor*

## What's next??



To improve soil structure and soil carbon further I have developed  
**Multispecies Pasture Cropping**

## **Multi Species Pasture Cropping**

- Oats
- Forage Brassica
- Vetch
- Tillage Radish
- Clover
- Field pea





**A mix of 5 to 10 species are sown into dormant grassland.**

- **Produce superior quality and quantity stock feed.**
- **Faster improvements in soil health, soil structure, carbon and nutrient cycling.**
- **Add Nitrogen with legumes & scavenge other nutrients.**
- **Weed control.**
- **Insect control (*flowering plants attract beneficial insects*)**
- **Harvest cereal crop after grazing**

## **Multi Species Pasture Cropping**



# Multi Species Pasture Cropping *Harvesting Grain*



Native grass seed can be harvested after the  
cereal crop is harvested



**Agriculture, and sound ecological  
practices should function together**





**By managing agriculture and sound ecological principals together, we can improve:**

- **Healthy, nutrient dense food**
- **Soil Carbon & water holding capacity.**
- **Soil nutrient availability & cycling.**
- **Plant and animal diversity.**
- **Plant and animal disease.**
- **Soil health.**
- **Profit.**

**• Agriculture can be more profitable,  
& environmentally regenerative.**

**But:**

**Agricultural practices  
need to function closer to  
how Nature had it  
originally designed**

If you require information  
for an on-line, Pasture Cropping Course  
Covering:

Pasture Cropping  
Multispecies Pasture Cropping  
Perennial Cover Cropping

[www.perennialcovercropping.com](http://www.perennialcovercropping.com)

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